



DEPARTMENT OF THE ARMY
U.S. ARMY RECRUITING LIBERTYVILLE COMPANY
6122 NW HWY
Crystal Lake, IL 60014
May 7th, 2009

REPLY TO
ATTENTION OF

U.S. Army Crystal Lake Recruiting Station
6122 NW HYW
Crystal Lake, Illinois 60014

I have had the privilege to know and train under Matt Strack for over a year. Matt is second to none! His attention to detail and willingness to go the extra mile is appreciated by all that train under him. I have never known anyone with as much drive and compassion for excellence in my 17 years in the U.S. Army. Matt truly cares and ensures his students grasp, maintain, and advance in the art of Jiu Jitsu. I would recommend and highly encourage anyone that is able, to begin start training under him. His teaching will develop you mentally, physically, and develop quickly the necessary skills needed to defend yourself or prepare for competition. Please feel free to contact me at steve.conner@usarec.army.mil if you have any questions.

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STEVE CONNER
CRYSTAL LAKE STATION COMMANDER
SFC / US ARMY